

The Barrenness of a Busy Life

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Beware of the barrenness of a busy life! Most of us are too busy. Especially as we move into the holiday season. Our bodies can run ahead of our souls until we start to rip apart at the seams! We can neglect the life within us. 2 Peter 1:7-8 says: “And to godliness (add) brotherly kindness; and to brotherly kindness charity. For if these things be in you, and abound, they make you that ye shall neither be barren nor unfruitful in the knowledge of our Lord Jesus Christ.”

Peter verifies that we can become “barren” to spiritual truth, spiritual living and the things that are important. Because of the fast pace we live we can lose sight of the spiritual life and what is important in life such as bearing Christian fruit, living for the Lord and worshipping God through daily devotion and meditation.

Most of us have been guilty of being too busy at one time or another. We have fallen into that trap where we go until we burn out. But in the meantime, I must give this advice to you and to myself. Beware of the barrenness of a busy life! When all we do is face our jobs, daily routine and schedules without any inner worship and

fellowship with the Lord, we will discover the barrenness of a busy life. We will find out that life is a barren wasteland or a desert that has no refreshment and ease to it. We need to “take time to be holy” in the midst of a busy day. We need to have a quiet corner, a blessing break or a place that is devoted only to the spiritual discipline of communing with the Lord. David prayed in Psalm 5:1, “Give ear to my words, O Lord, consider my meditation.”

I’m of the opinion that we are too busy. And because of this we are in danger of the barren life to set into our spirits. What we need to do is find balance and find it fast, or we will find ourselves out in the desert of a dry and barren life, lacking rich fellowship and communion with God. Our mind needs rest and relaxation. Our life needs spiritual stillness and refreshment. Balance work with relaxation and spiritual communion with the Lord. We need margins in our lives, occasions when time stands still.

I really believe that many of us, who are true believers, cannot hear the Lord speaking to us today through the Bible, simply because we are lost in the barrenness of a busy life and schedule. I have some good advice for believers at this time of the season. Give yourself some time off from the mad rush and let God begin to really speak to

your heart once again. Meditate upon the promises of the Word of God and refresh your soul in the Lord (Psalm 23:3). Beware of the barrenness of a busy life!