

Jesus is Still the Answer!

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We are living in a day when many people, including Christians, are turning to pop psychology, psychotherapy, transcendental meditation, and other mind healing techniques to help them cope with the changes that they are facing in their lives. There seems to be no end to the theories, manmade techniques, and stimulants that are used to overcome stress and help people deal with life.

It seems that Christians often miss something amid all the artificial methods and answers that are given to overcome problems and deal with anxiety. We must once again be refreshed by the wonderful truth that Jesus is still the answer to help us through the changes and challenges that we face in life. The believer's personal walk and relationship with Jesus Christ is the answer to facing and overcoming life's most difficult situations. Jesus said that He was the answer!

Paul said in Galatians 2:20 that "Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me." Christians are to walk by faith in the power and provision of God's Son, Jesus Christ, who lives within them. We can live in the daily reality of "the power of his resurrection" (Phil. 3:10). It's only through yielding to Christ's resurrection power that we can "walk in newness of life" (Rom. 6:4). Maybe you have been trying to find help in other places and have failed to rely upon Jesus Christ for His daily assistance and delivering power.

The Bible says, "For it is God which worketh in you" (Phil. 2:13). Have you been allowing God to work in your heart and life and meet your needs? We must turn our hearts and lives over to Jesus Christ once again. The Bible says that through Christ we can "obtain mercy, and find grace to help in time of need" (Heb. 4:16). What is your spiritual need? Jesus is the answer! He cares for us and is there for us (1 Pet. 5:7).

The Bible reminds us that "Our sufficiency is of God" (2 Cor. 3:5). Our cup is full and running over! Our philosophy in life should be this: "For to me to live is Christ, and to die is gain" (Phil. 1:21). It's only through Jesus Christ that we can find the eternal and abundant life that He promised. "I am come that they might have life, and that

they might have it more abundantly” (John 10:10). Yes, Jesus is the answer! Do you believe this? Will you claim Christ’s help and sufficiency for your own life today?

Let’s finish with a great promise. “But my God shall supply all your need according to his riches in glory by Christ Jesus” (Phil. 4:19). What a wonderful promise to claim today! Jesus is the answer! It seems that Christians should get back to the “simplicity that is in Christ” (2 Cor. 11:3). We should remain simple in faith, keep a singular focus on Christ, and stop complicating things. Everything that we need is found in our personal relationship and walk with the Lord. 2 Peter 3:18 says, “But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ.” A Christian’s life of victory, power, satisfaction, stability, growth, and complete provision is found in Jesus Christ. It is not found in manmade therapies and techniques. Jesus is still the answer. He always was and always will be!