2 Corinthians 5:1-8

For we know that if our earthly house of this tabernacle were dissolved (the body in which we live dies), we have a building of God, an house (a permanent building – a metaphor referencing the glorified body) not made with hands, eternal in the heavens (this could not be an intermediate body but the eternal glorified body). For in this (body) we groan (not groaning in pain but groaning for glory!), earnestly desiring to be clothed upon with our house which is from heaven (the eternal, glorified body): If so be that being clothed we shall not be found naked (the description of the intermediate and disembodied state between death and the resurrection). For we that are in this tabernacle do groan, being burdened: not for that we would be unclothed (pass into the intermediate and disembodied state between death and the resurrection), but clothed upon (receive a transformed and glorified body at the Rapture), that mortality might be swallowed up of life (so we might escape death and live forever in a new body).

"Now he that hath wrought us for the selfsame thing is God (God will give us a new body someday), who also hath given unto us the earnest (down payment) of the Spirit (which means we will get our glorified body someday – it's guaranteed even though we might die before the Rapture). Therefore (because of the down payment of the Holy Spirit) we are always confident (a permanent state of mind that we will one day be with Jesus), knowing that, whilst we are at home in the body (still living on earth in our body), we are absent from the Lord: (For we walk by faith, not by sight: - today we see Jesus by faith) We are confident (possessing unwavering confidence and hope), I say, and willing rather (willing to put off receiving our glorified body and die before the Rapture occurs so we can be with Jesus) to be absent from the body (the intermediate state between death and the resurrection), and to be present with the Lord (in Heaven).

Paul is simply teaching in this passage that the **first** state is good (on earth in the present body), the **second** is better (being with Jesus in Heaven in a disembodied state), and the **third** is best of all (receiving a glorified body at the Rapture and living with Jesus).